

## **SKRIPSI**



### **STUDENTS' ANXIETY LEVELS IN SPEAKING AT AL HIKMAH ENGLISH CLUB (AEC) OF SMA ISLAM AL HIKMAH MAYONG IN ACADEMIC YEAR 2016/2017**

**By  
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**ENGLISH EDUCATION DEPARTMENT  
TEACHER TRAINING AND EDUCATION FACULTY  
MURIA KUDUS UNIVERSITY  
2016**



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ENGLISH CLUB (AEC) OF SMA ISLAM AL HIKMAH MAYONG**

**IN ACADEMIC YEAR 2016/2017**

**SKRIPSI**

**Presented to the University of Muria Kudus  
in Partial Fulfillment of the Requirements for Completing  
the Sarjana Program in the Department of English Education**

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## MOTTO AND DEDICATION

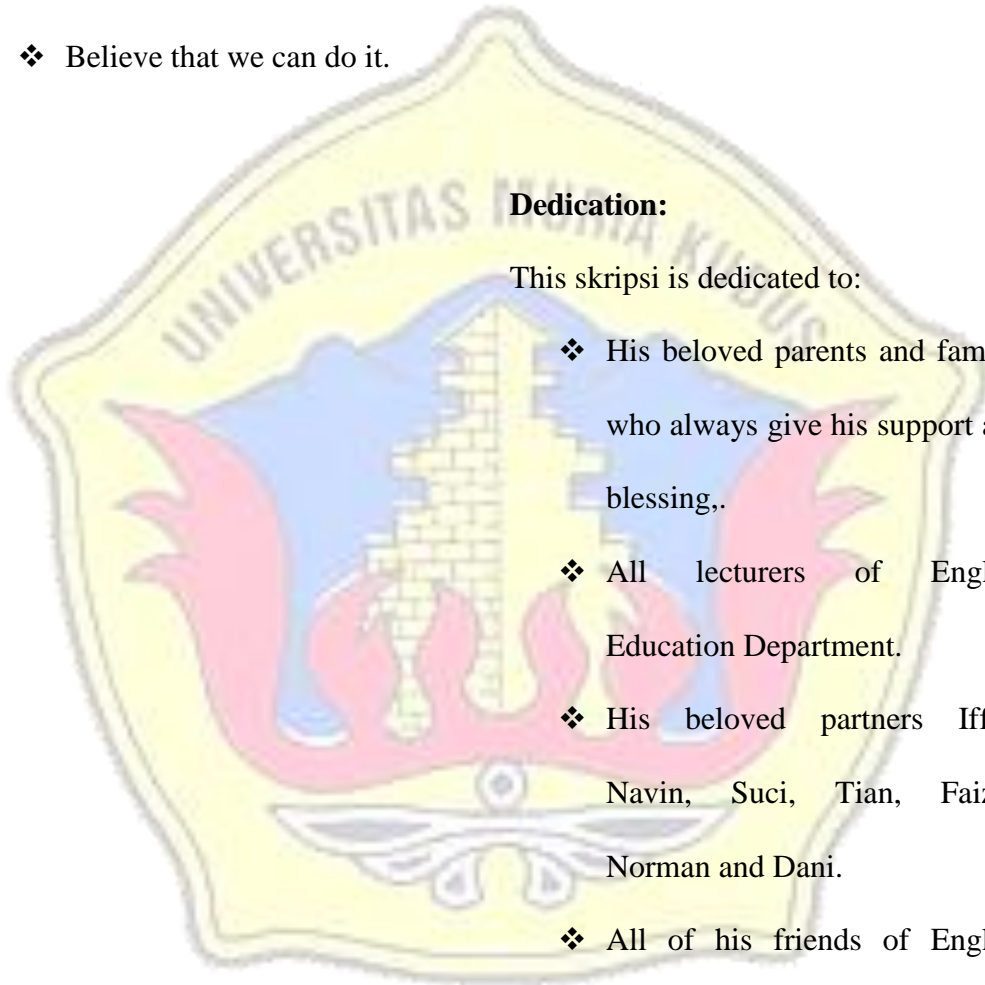
### Motto:

- ❖ Always have some dreams and doing something, because where is a will, there is a way.
- ❖ Just focus on what we want.
- ❖ Believe that we can do it.

### Dedication:

This skripsi is dedicated to:

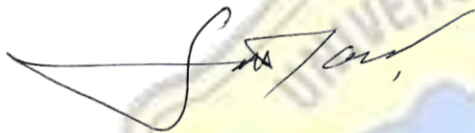
- ❖ His beloved parents and family, who always give his support and blessing..
- ❖ All lecturers of English Education Department.
- ❖ His beloved partners Iffah, Navin, Suci, Tian, Faizin, Norman and Dani.
- ❖ All of his friends of English Education Department in 2012.
- ❖ His beloved friend from library.



## ADVISORS' APPROVAL

This is to certify that the *Skripsi* of Bakhrul Ulum (NIM: 201232042) has been approved by the *skripsi* advisors for further approval by the Examining Committee.

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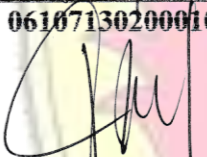
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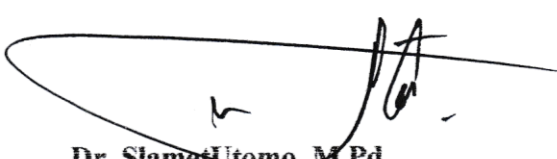
  
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Finally, the writer hope that this research has advantages for the readers and it could add knowledge of the readers. And also may Allah SWT always bless us.Aamiin.

Kudus, November 02<sup>th</sup> 2016

The Writer



**(Bakhrul Ulum)**

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## ABSTRACT

Ulum, Bakhrul. (2016). *An Analysis of Students' Anxiety Level in Speaking in Al Hikmah English Club (AEC) of SMA Islam Al Hikmah Mayong in Academic Year 2016/2017*. Skripsi. English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisor: (i) Rismiyo, SS, M.Pd., (ii) Agung Dwi Nurcahyo, SS, M.Pd.

*Key Words: The Students' Anxiety Level, Factor of the students' Anxiety Level, and Teachers' Overcomes the Students' Anxiety Level.*

Anxiety level is anxiety with level in some condition, when people feel of being worried, afraid, stressful and nervous to speak English with other people. Anxiety level is state of uncomfortable emotion where danger is perceived, and the victim has a powerless feeling with the expression of tension in anticipation of danger. According to Stuart & Laraira in Eka (2012:10-11) "levels of anxiety consist of four anxieties, they are: mild anxiety, moderate anxiety, severe anxiety and panic anxiety". According to Shu-Feng Tseng the Important causes of anxiety among the language learners have five categories, they are: Pressure by parents and teachers to get good grades at school in English, Lack of confidence in their ability to learn English, Fear of making mistakes and subsequent punishment or ostracism, i.e., fear of losing face for not being perfect, Conditioning in childhood to believe that English is an extremely difficult language to learn and Fear of foreigners and their behavior. According to Harmer in Saefodin (2012:129-130) "There some activities to be also helpful in getting students to practice speaking are: information gap, telling stories and favorite objects".

The objective of this research is to find out the students' anxiety level in speaking, to find out the factors influencing the students' anxiety level in speaking and to find out how does the teacher overcomes the students' anxiety level in speaking in Al Hikmah English club (AEC) of SMA Islam Al Hikmah Mayong in Academic year 2016/2017.

The method used in this research is descriptive qualitative research method. The data of this research are the result of the questionnaire for the students' and Interview for the English teacher in Al Hikmah English Club (AEC) of SMA Islam Al Hikmah Mayong in academic year 2016/2017. As the data source of this research are the students' and the English teacher in Al hikmah English Club (AEC).

As the result of analysis the close-ended questionnaire got the result level of anxiety in speaking of the 40 students who have joined in Al Hikmah English Club (AEC). The results are 14 students who belongs to mild anxiety, 19 students who belongs to moderate anxiety, 5 students who belongs to severe anxiety and the last is 2 students who belongs to panic anxiety. From the close-ended questionnaire also the writer got the result of factor influencing anxiety level in speaking of the 40 students who have joined in Al Hikmah English Club (AEC).

The result of factors influencing the students' anxiety level are 5 factor from mild anxiety they are afraid, learn speaking well, improvement in learn speaking and low in vocabulary. 5 factor from moderate anxiety they are nervousness, feel difficult in learn speaking, not confidence, need attentions and forgetfulness. 5 factor from severe anxiety they are often complain, bored, think hard, not enthusiastic and under pressure. And the last 5 factor from panic anxiety they are afraid to make mistake, imagine something, yell and scream, unconnected with the topic and childish. From analysis the result of interview with the English teachers in Al Hikmah English Club (AEC) the writer has to know how the teacher overcomes the students' anxiety level in speaking who have joined in Al Hikmah English Club (AEC). the result are any 9 strategy from the English teacher to overcomes the students' anxiety level in speaking in Al Hikmah English Club (AEC) of SMA Islam Al Hikmah Mayong in academic year 2016/2017.

Analysis on anxiety levels in speaking is very important. So, the students should be more creative and always try to develop their learning speaking strategies to understand some new vocabularies and the pronunciations for their need. For the English teacher the writer hope that the English teacher can give feedback for the students about the material, how to study speaking, give more understanding about the material, vocabulary, how to pronounce words and make the students can be active in speaking. For the next researchers, This research is different with the other research about analysis anxiety it is different because this research is about level of anxiety. So, the writer hopes this research can be used as a good reference about Anxiety Level.



## ABSTRAK

Ulum, Bakhrul. (2016). *An Analysis of Students' Anxiety Level in Speaking in Al Hikmah English Club (AEC) of SMA Islam Al Hikmah Mayong in Academic Year 2016/2017*. Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Dosen Pembimbing: (i) Rismiyanto, SS, M.Pd., (ii) Agung Dwi Nurcahyo, SS, M.Pd.

*Kata Kunci: Tingkat Kecemasan Siswa, Factor Tingkat Kecemasan Siswa dan Strategi Guru Dalam Mengatasi Tingkat Kecemasan Siswa.*

Tingkat kecemasan adalah kecemasan dengan tingkat di beberapa kondisi, ketika seseorang merasa sedang khawatir, takut, stress dan gugup untuk berbicara bahasa Inggris dengan orang lain. Tingkat kecemasan adalah keadaan emosi seseorang tidak nyaman di mana bahaya dirasakan, dan orang itu memiliki perasaan tidak berdaya dengan ekspresi ketegangan dalam mengantisipasi bahaya. Menurut Stuart & Laraira di Eka (2012: 10-11) "tingkat kecemasan terdiri dari empat kecemasan, mereka adalah: kecemasan ringan, kecemasan sedang, kecemasan berat dan panic kecemasan". Menurut Shu-Feng Tseng penyebab penting dari kecemasan diantara pembelajar bahasa ada lima kategori yang mereka pelajari, yaitu: Tekanan oleh orang tua dan guru untuk mendapatkan nilai bagus di sekolah, Kurang percaya diri dalam kemampuan mereka untuk belajar bahasa Inggris, Takut membuat kesalahan dan hukuman atau pengucilan, malu karena merasa tidak sempurna, merasa di masa kecil dan percaya bahwa bahasa Inggris adalah bahasa yang sangat sulit untuk dipelajari dan takut dengan orang asing dan perilaku mereka sendiri. Menurut Harmer di Saefodin (2012: 129-130) "Ada beberapa kegiatan untuk membantu siswa dalam berlatih berbicara, mereka adalah: kesenjangan informasi, bercerita dan benda-benda favorit".

Tujuan dari penelitian ini adalah untuk mengetahui tingkat kecemasan siswa dalam berbicara bahasa Inggris, untuk mengetahui faktor-faktor yang mempengaruhi tingkat kecemasan siswa dalam berbicara bahasa Inggris dan untuk mengetahui bagaimana guru mengatasi tingkat kecemasan siswa dalam berbicara bahasa Inggris di Al Hikmah English club (AEC) di SMA Islam Al Hikmah Mayong pada tahun akademik 2016/2017.

Metode yang digunakan dalam penelitian ini adalah metode penelitian deskriptif kualitatif. Data dari penelitian ini adalah hasil dari kuesioner untuk siswa dan Wawancara untuk guru bahasa Inggris di Al Hikmah English Club (AEC) di SMA Islam Al Hikmah Mayong pada tahun akademik 2016/2017. Sebagai sumber data penelitian ini adalah siswa dan guru bahasa Inggris di Al Hikmah English Club (AEC).

Sebagai hasil dari analisis kuesioner close-ended mendapat hasil tingkat kecemasan dalam berbicara, dari 40 siswa yang telah bergabung di Al Hikmah English Club (AEC). Hasilnya 14 siswa termasuk dalam kecemasan ringan, 19 siswa termasuk dalam kecemasan sedang, 5 siswa termasuk dalam kecemasan

berat, dan yang terakhir adalah 2 siswa yang termasuk dalam panic kecemasan. Dari analisis kuesioner close-ended juga penuli smendapat hasil dari faktor yang mempengaruhi tingkat kecemasan dalam berbicara dari 40 siswa yang telah bergabung di Al Hikmah English Club (AEC). Hasil faktor yang mempengaruhi tingkat kecemasan siswa adalah 5 faktor dari tingkat kecemasan ringan mereka adalah akut, belajar berbicara dengan baik, perbaikan dalam belajar berbicara dan rendah di kosa katanya. 5 factor dari tingkat kecemasan sedang mereka adalah gugup, merasa sulit dalam belajar berbicara, tidak percaya diri, perlu perhatian dan lupa. 5 Faktor dari tingkat kecemasan berat mereka adalah sering mengeluh, bosan, berpikir keras, tidak antusias dan di bawah tekanan. Dan yang terakhir 5 faktor dari panik kecemasan mereka adalah takut untuk membuat kesalahan, membayangkan sesuatu, berteriak dan menjerit, tidak berhubungan dengan topic dan kekanak-kanakan. Dari analisis hasil wawancara dengan guru bahasa Inggris di Al Hikmah English Club (AEC) penulis tahu bagaimana guru mengatasi tingkat kecemasan siswa dalam berbahasa yang telah bergabung di Al Hikmah English Club (AEC) hasilnya ada 9 strategidari guru bahasa Inggris untuk mengatasi tingkat kecemasan siswa dalam berbicara di Al Hikmah English Club (AEC) di SMA Islam Al Hikmah Mayong pada tahun akademik 2016/2017.

Analisis tingkat kecemasan dalam berbicara bahasa inggris sangat penting. Jadi, siswa harus lebih kreatif dan selalu berusaha untuk mengembangkan belajar mereka dalam berbicara dan memiliki strategi untuk memahami beberapa kosa kata baru dan cara pengucapannya untuk kebutuhan mereka sendiri. Untuk guru bahasa Inggris penulis berharap bahwa guru bahasa Inggris dapat memberikan umpan balik untuk siswa tentang materi, bagaimana belajar berbicara bahasa inggris, memberikan lebih banyak pemahaman tentang materi, kosakata, bagaimana mengucapkan kata-kata dan membuat siswa dapat aktif dalam berbicara. Untuk peneliti selanjutnya, penelitian ini berbeda dengan penelitian lain tentang analisis kecemasan, itu berbeda karena penelitian ini adalah tentang tingkat kecemasan. Jadi, penulis berharap penelitian ini dapat digunakan sebagai referensi yang baik tentang Tingkat Kecemasan.





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